



**Easterseals DuPage & Fox Valley
Presents...**

Pediatric Therapeutic Taping for Improved Alignment & Neuromuscular Re-education

Presented by

Patricia Martin, PT, & Audrey Yasukawa, MOT, OTR/L

COURSE DESCRIPTION

This conference will focus on use of static and dynamic taping techniques to facilitate improved alignment and muscle reeducation for function. Developmental biomechanics in relation to treatment will be reviewed. Tapes and interventions used include: rigid strapping tape, Kinesio tape®, velcro patches with elastic straps, neoprene wraps, and compression orthotics.

Dates & Location:

**Friday, October 26th through
Saturday, October 27th, 2018**

at

**Easterseals DuPage & Fox Valley
830 S. Addison Ave.
Villa Park, IL 60181**

About the Instructors:

Patricia (Trish) Martin, PT, CKTI, NDT/C is currently employed as the Director of Therapy Services at The Cleveland Clinic Children's Hospital for Rehabilitation. She previously worked at Metro Health Medical Center treating adult and pediatric patients with a variety of diagnoses. These include TBI, SCI, CVA, and orthopedic issues. Trish also worked in the school system and in skilled nursing facilities, while in private practice for over fifteen years. She is certified in pediatric NDT and has over 35 years of experience as a physical therapist. Trish has taught numerous courses and workshops both nationally and internationally on various topics including; Kinesio® Taping, therapeutic taping, pediatric gait, lower extremity biomechanics, brachial plexus, lower extremity casting, and pediatric orthotic intervention. She co-authored the book "Kinesio® Taping in Pediatrics, Fundamentals and Whole Body Taping".

Audrey Yasukawa, MOT, OTR/L, CKTI is currently Chief of Occupational Therapy at LaRabida Children's Hospital in Chicago. She has a Master's of Occupational Therapy from Western Michigan University and a Bachelor of Science degree in Special Education from Northern Illinois University. She previously served as a clinical resource to staff throughout the system of care at the Rehabilitation Institute of Chicago and worked in the pediatric program. She is pediatric and adult NDT trained, has over 35 years experience with upper extremity casting and has taught pediatric and adult taping and casting courses nationally. She is a certified Kinesio Taping Instructor. In addition to numerous workshops and lectures given internationally and throughout the United States, Audrey has authored many publications, including "Kinesio® Taping in Pediatrics, Fundamentals and Whole Body Taping", "Casting Protocols for the Upper and Lower Extremities", "Casting to Improve Upper Extremity Function", and "Upper Extremity Casting: Adjunct Treatment for the Child with Cerebral Palsy".

TARGET AUDIENCE

Occupational therapists, physical therapists, occupational therapy assistants, physical therapy assistants, athletic trainers, massage therapists and chiropractors have benefited from attending this conference.

LEARNING OUTCOMES

After this conference, participants will be able to:

- Identify specific developmental features in trunk, upper and lower extremities.
- Describe the importance of alignment for support and initiation of movement.
- Explain the basic assessments for biomechanical alignment and range of motion.
- Discuss findings with problem solving and treatment options.
- Identify contraindications to taping.
- Describe the following taping materials: Leukotape, Hypafix/Coveroll, Kinesio® Tex tape, Velcro patches with velstretch, neoprene wraps/fabrifoam, and compression orthotics.
- Demonstrate the principles of taping as an adjunct to treatment.
- Explain the use of taping to improve neuromuscular reeducation through alignment in functional activities.
- Describe skin care and tape removal.

Course Schedule: 14.5 Contact hours

DAY 1

8:00-8:30	Registration
8:30-8:45	Introduction
8:45-10:00	Developmental Biomechanics and Boney Modeling
10:00-10:15	Break
10:15-11:15	Taping Basics and Principles
11:15-12:15	Static Versus Dynamic Taping, Introduction to Materials
12:15-1:15	Lunch
1:15-2:15	Lab: Basic Taping Techniques, Trunk Extension, Abdominals
2:15-3:15	Lab: Scapula Taping
3:15-3:30	Break
3:30-4:45	Lab: Hip taping: Hip and Knee Rotation
4:45-5:00	Questions

DAY 2

8:00-8:30	Review/Questions
8:30-9:00	Compression Orthotics Lecture and Lab
9:00-10:30	Lab: Shoulder and Forearm Taping
10:30-10:45	Break
10:45-12:00	Lab: Knee Taping
12:00-1:00	Lunch
1:00-2:15	Lab: Ankle and Foot Taping
2:15-2:30	Break
2:30-3:30	Lab: Hand and Wrist Taping
3:30-4:30	Case Studies
4:30-5:00	Wrap-Up and Questions

OTHER INFORMATION

MEALS– Continental breakfast & afternoon refreshments will be provided. Lunch will be on your own or for a small fee you may purchase a deli style lunch.

HOTEL RESERVATIONS- A special rate at the Hyatt Place is available-mention that you are with Easter Seals DuPage & Fox Valley. The hotel is at 2340 South Fountain Square Drive in Lombard and the phone number is 630.932.6501. If you are interested in shuttle service to and from the conference site, please indicate this at the time you make your reservation.

QUESTIONS/Special Accommodations Needed? Call us at: 630-282-2043 or by email at ce@eastersealsdvr.org

REGISTRATION FORM

Please complete this form and mail with payment to:
Easterseals DuPage & Fox Valley
Continuing Education Department
830 South Addison Avenue
Villa Park, IL 60181
FAX: 630.620.1148

Registration Fee: \$465

Early Registration Fee: \$445 on or before 9/20/18

Name: _____
(This is how your name will be printed on the course completion certificate.)

Title/Position: _____

Organization: _____

Org. address: _____

City: _____

State: _____ Zip: _____

Business phone: _____

Home address: _____

City: _____

State: _____ Zip: _____

Home phone: _____

E-mail: _____

For credit card payment, please complete:

Type (please circle): Visa, MasterCard, AmEx, Discover

Credit Card #: _____

Expiration Date: _____ CVV: _____

Registration fee includes the conference, continental breakfast, and afternoon refreshments.

Space is limited— early registration is encouraged. Registration deadline: October 12th, 2018.

Cancellations must be in writing and will incur a \$50 processing fee. No refunds granted after October 12th, 2018. If Easterseals or Speaker should need to cancel, course fees will be refunded or transferred to another course at the discretion of the participant.

CONTACT INFO:

Phone: 630-620-4433

Email: ce@eastersealsdvr.org

www.eastersealsdvr.org/continuingeducation

Continuing Education Credits

All participants will receive a course completion certificate upon successful completion of the conference. No certificates will be awarded until course completion is verified on the final date of the conference.

Early Intervention credits will be applied for.

Continuing education credits for **OTs & PTs** will be offered through the Illinois Department of Professional Regulation.

This Intermediate Level course is offered with AOTA Classification Codes: Categories 1 Domain of OT & 2 Occupational Therapy Processes.

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