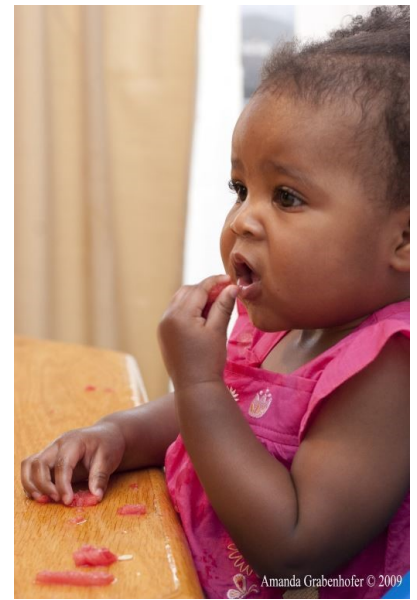




Easter Seals DuPage & Fox Valley
Presents...

AEIOU: An Integrated Approach to Pediatric Feeding

Presented by **Nina Ayd Johanson, MS, CCC-SLP; CEIM; CHHP**



Amanda Grabenhofer © 2009

Dates & Location:

**Friday, April 28th through
Saturday, April 29th, 2017**

at
**Easter Seals DuPage & Fox Valley
830 S. Addison Ave.
Villa Park, IL 60181**

Course Description:

Learn a step-by-step approach for helping children explore food, enjoy eating, and participate independently in social mealtimes. The AEIOU approach- acceptance, exposure, independence, |observation and understanding – offers a new and highly successful method for integrated treatment of infants and young children with challenging feeding disorders using sensory, oral motor, biomedical and environmental strategies. Five factors in this holistic approach emphasize active participation, independence and shared control. Participants will leave with extensive knowledge and practical information to achieve functional outcomes for complex etiologies, improve quality of mealtime, manage tube dependency and transition to eating solid foods, treat sensory aversions, improve oral-motor skills, achieve home carryover, and more. This course is presented in a dynamic learning environment, using case studies and videos to engage and instruct participants. Extensive resources are provided. Many special populations are discussed including: prematurity, GERD, allergies, autism, failure to thrive, tracheostomy, picky eaters, and children with various syndromes.

Learning Objectives:

- Develop assessment and treatment strategies that integrate 5 management factors for biomedical and enviro-behavioral influences that limit successful feeding in infants and young children.
- Formulate strategies to achieve parent buy-in for home carryover, promote positive parent-child interaction, and help children participate independently in social mealtime routines.
- Identify contraindications for oral feeding and describe a 5-step treatment plan for advancing pre-feeding skills in non-oral feeders.
- Assess signs of distress and/or disengagement during feeding.
- Develop and implement treatment plans for oral feeding that expand taste repertoire and texture acceptance by incorporating strategies for the mealtime environment, seating/positioning, and oral-motor, sensory, and motor deficits.

Course Schedule:

Day One:

7:30-8:00	Registration/Continental Breakfast
8:00-9:00	Foundations to Management; Support From the Literature; Introduction to AEIOU
9:00-10:00	Developmental Progression of Feeding Skills; Interactive Exercise
10:00-10:15	Break
10:15-12:00	Biomedical Factors that Limit Successful Feeding: Prematurity, Respiratory/Cardiac/Craniofacial/Digestive Complications, Allergies
12:00-1:00	Lunch
1:00-2:00	Environmental Factors that Limit Successful Feeding: Stress, Physical Environment, Feeding
2:00-3:00	Mismanagement, Caregiver/Support Factors
3:00-3:15	Case Reviews: Applying the 5 Factors: Acceptance, Exposure, Independence, Observation, Understanding
3:15-4:00	Break
4:00-5:00	When to Treat: Priorities and Contraindications; How to Treat: The 5-step Comprehensive Plan
5:00-5:30	Attachment/Communication/Control: Addressing Mealtime Interactions and Behavior Management; Caregiver Buy-In and Effective Parent Training
	Establishing The Mealtime Environment: Merry Mealtime Guide

Day Two:

7:30-8:00	Continental Breakfast
8:00-9:30	Therapy Meals; Video Presentation of Treatment
9:30-10:00	Treating the Whole Child; Family-Centered Care
10:00-10:15	Break
10:15-10:45	Interactive Exercise
10:45-11:15	Seating/Positioning/Self-feeding: Achieving Autonomy and Independence
11:15-12:00	Sensory Processing/Food Play: Expanding Taste Repertoire and Texture Acceptance
12:00-1:00	Lunch
1:00-1:30	Expanding Taste Repertoire and Texture Acceptance: Continued
1:30-2:30	Video Presentations of Treatment; Group Discussion
2:30-3:15	Nutritional Issues: Weight Gain vs. Brain Gain
3:15-3:30	Break
3:30-4:30	Oral-Motor Treatment: Achieving Success in 5 Steps; Treatment Video
4:30-5:30	Tricks With Tools: Tips From My Toolbox, Resources, and More

16.0 Contact Hours

About the Instructor:

Nina Ayd Johanson, a highly regarded clinician and renowned teacher with more than 21 years experience, is an affiliate faculty member at Loyola University Maryland, and senior speech language pathologist for an acclaimed children's hospital. A Certified Educator of Infant Massage, Nina also works in private practice in Baltimore and lectures nationally. She has extensive experience in home-based early intervention and parent training specializing in the evaluation and treatment of children with oral motor/feeding disorders, complex medical issues, autism spectrum disorders, and other developmental disabilities. She holds a Master of Science in Speech-Language Pathology from Loyola College, and a Master of Arts in Applied Healing Arts from the Tai Sophia Institute. She is a board certified Holistic Health Practitioner and was trained in integrative nutrition through the Center for Mind Body Medicine's Food As Medicine, the nation's leading clinical nutrition training program for healthcare professionals.



Continuing Education Credits

Continuing education credits for **O.T.** will be offered through the Illinois Department of Professional Regulation.

Early Intervention credits have been applied for.

All participants will receive a course completion certificate upon successful completion of the conference. No certificates will be awarded until course completion is verified on the final date of the conference.

Occupational
Therapy:



**APPROVED PROVIDER of
CONTINUING EDUCATION**
by The American Occupational
Therapy Association, Inc.

This course is offered with AOTA Classification Codes: Categories 1 & 2.

Speech
Therapy:



Easter Seals DuPage and the Fox Valley Region is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.6 CEUs (Intermediate level, Professional area).

REGISTRATION FORM

Please complete this form and mail with payment to:
Easter Seals DuPage & Fox Valley
Continuing Education Department
830 South Addison Avenue
Villa Park, IL 60181
FAX: 630.620.1148

Registration Fee: \$445

Early Bird Fee: \$425 on or before 3/28/17

Name: _____
(This is how your name will be printed on the course completion certificate.)

Title/Position: _____

Organization: _____

Org. address: _____

City: _____

State: _____ Zip: _____

Business phone: _____

Home address: _____

City: _____

State: _____ Zip: _____

Home phone: _____

E-mail: _____

For credit card payment, please complete:

Type (please circle): Visa, MasterCard, AmEx, Discover

Credit Card #: _____

Expiration Date: _____ CVV: _____

Registration fee includes the conference, continental breakfast, and afternoon refreshments.

Space is limited— early registration is encouraged. Registration deadline: April 14th, 2017.

Cancellations must be in writing and will incur a \$50 processing fee. No refunds granted after April 14th, 2017.

Target Audience:

SLPs, OTs, Assistants, Educators. Appropriate for other professionals (social workers, nurses, dieticians, etc.) working with infants and young children with feeding problems.

CONTACT INFO:

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Email: ce@EasterSealsDFVR.org

www.eastersealsdfvr.org/continuingeducation