

Easterseals DuPage & Fox Valley

Presents...

Functional Assessment & Remediation of Tethered Oral Tissues (TOTS)

Presented by

Lori Overland, MS, CCC-SLP



Date & Location:

Friday, August 17th, 2018

at

Easterseals DuPage & Fox Valley

830 S. Addison Ave.

Villa Park, IL 60181

CONFERENCE DESCRIPTION

There are three forms of Tethered Oral Tissues (TOTS): buccal, labial and lingual. Lingual TOTS is most commonly known as “tongue-tie” or “ankyloglossia”. The Mayo clinic in 2016 indicated that tongue-tie can affect the way a child eats, speaks and swallows, and can interfere with breast-feeding.

There is increased interest in TOTS in the fields of lactation, speech pathology, oral surgery, orofacial myology and otolaryngology stemming from current research linking sleep apnea to a short lingual frenulum, in addition to the increased awareness of the importance of breast feeding. With this topic comes some controversy, and speech pathologists are often left confused in their own role of diagnosing and treating TOTS.

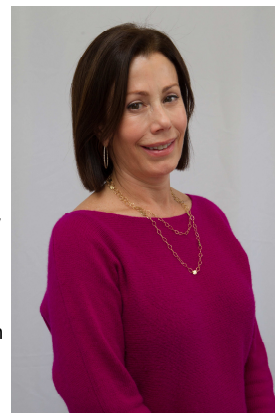
This course explores the functional assessment of TOTS and reviews current well-respected assessment tools, including the Merkel-Walsh & Overland TOTS Protocol, which looks at structure, oral motor function, pre-feeding, feeding and speech. Participants will learn to use this tool to identify the possible need for a TOTS referral, and the functional impact this diagnosis may have on the oral motor and oral placement skills for breast, bottle, cup, straw and solid feedings in addition to speech sound production. Videos and live practicums with attendee participation will provide therapeutic intervention tasks that participants can implement with their clients immediately. The importance of pre and post-surgical therapy will be discussed, and surgical techniques will be explored so that therapists may have a better understanding of the current research across disciplines.

Target Audience: This course is intended for: Pediatric Speech-Language Pathologists, IBCLCs, dentists, surgeons, ENTs, occupational therapists, and RDHs.

About the Instructor:

Lori Overland is a speech and language pathologist with more than 35 years of professional experience. She holds degrees from Hofstra University and Adelphi University and has her neurodevelopmental certification.

Lori specializes in dealing with the unique needs of infants, toddlers, pre-schoolers and school-aged children with oral sensory- motor, feeding and oral placement/ speech disorders. She consults with children from all over the world, local school districts and Birth-to-Three organizations. Her goal in addressing feeding and speech challenges is to improve the quality of life for both the children she serves and their families. She has received an award from the Connecticut Down Syndrome Association for her work within this population. In addition to her private practice, Alphabet Soup, Lori is a member of TalkTools Speaker's Bureau. Lori has lectured on sensory motor feeding “disorders across the United States and internationally.



Lori is the author of A Sensory Motor Approach to Feeding (Overland, L., Merkel-Walsh, R., 2013) Charleston, SC: TalkTools, “A Sensory-Motor Approach to Feeding. Perspectives on Swallowing and Swallowing Disorders”, (Dysphagia) (October 2011) and “Food for Thought”, Advance for Directors in Rehabilitation Magazine (May 2001).

Financial Disclosure: Lori Overland is the Owner of Alphabet Soup. She is a member of the TalkTools speaker's bureau and receives speaker honorarium. She is author of products published by TalkTools and receives royalties.

Non-Financial Disclosure: She has no relevant non-financial relationships to disclose.

Content Disclosure: This presentation will focus on treatment methods related to the use of TalkTools OPT resources. Other similar treatment approaches will receive limited or no coverage during this lecture.

COURSE OBJECTIVES

Upon the completion of this course, participants will be able to:

1. List three forms of TOTS
2. Identify at least 3-5 functional impacts of TOTS on feeding skills
3. Describe at least 3 speech sounds that may be affected by TOTS
4. List at least 2 professionals that should be consulted if TOTS is suspected after a functional assessment

Course Schedule:

Contact Hours: 6

8:00 AM—8:30 AM	Registration & Check-In
8:30 - 9:00	INTRO to TOTs and the controversy
9:00 - 9:15	Theoretical Foundations
9:15 - 9:30	Current Assessment Protocols
9:30 - 10:30	The Merkel-Walsh Overland TOTs Protocol: Using a Task Analysis to assess
10:30 - 10:45	Break
10:45 - 12:00	The Merkel-Walsh Overland TOTs Protocol (cont)
12:00 - 1:00	Lunch
1:00 - 1:30	Pre-Op Goals and Post-Op Considerations
1:30 - 2:30	Neuromuscular re-education of breast, bottle, spoon and solids
2:30 - 2:45	Break
2:45 - 3:45	Neuromuscular re-education of cup, straw and speech
3:45 - 4:00	Q & A



CONTACT INFO:

Phone: 630-620-4433

Email: ce@EasterSealsDFVR.org

Web Site: www.eastersealsdfvr.org/continuingeducation

Continuing Education Credits

All participants will receive a course completion certificate upon successful completion of the conference. No certificates will be awarded until course completion is verified on the final date of the conference.

Early Intervention credits have been applied for.

Continuing education credits for **O.T.** will be offered through the Illinois Department of Professional Regulation.

This Intermediate Level course is offered with AOTA Classification Codes: Categories 1 Domain of OT & 2 Occupational Therapy Processes.

Occupational

Therapy:



APPROVED PROVIDER of CONTINUING EDUCATION
by The American Occupational Therapy Association, Inc.

The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Speech

Therapy:



Easter Seals DuPage and the Fox Valley Region is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.6 ASHA CEUs (Intermediate level, Professional area).

REGISTRATION FORM

Please complete this form and mail with payment to:

Easterseals DuPage & Fox Valley
Continuing Education Department
830 South Addison Avenue
Villa Park, IL 60181
FAX: 630.620.1148

Online Registration: <http://www.easterseals.com/dfv/our-programs/employment-training/continuing-education.html>

Registration Fee: \$225

Early Registration Rate: \$205 (on or before 7/12/18)

\$199 per course, if registrations for both Easterseals Lori Overland courses (August 16 & 17, 2018) are received together (\$398 total for 2 days of CE!)

Name: _____

(This is how your name will be printed on the course completion certificate.)

Title/Position: _____

E-mail: _____

Organization: _____

Org. address: _____

City: _____

State: _____ Zip: _____

Business Phone: _____

For credit card payment, please complete:

Type (please circle): Visa, MasterCard, AmEx, Discover

Credit Card #: _____

Expiration Date: _____ CVV: _____

Billing address: _____

City: _____

State: _____ Zip: _____

Home/Cell phone: _____

Registration fee includes the conference, continental breakfast, and afternoon refreshments.

Space is limited—early registration is encouraged. Registration deadline: August 2nd, 2018.

Cancellations must be in writing and will incur a \$25 processing fee. No refunds granted after August 2nd, 2018. If Easter Seals or speaker should need to cancel, course fees will be refunded or transferred to another course at the discretion of the participant.

Feeding (Day 2) 08.2018

OTHER INFORMATION

MEALS— Continental breakfast & afternoon refreshments will be provided. Lunch will be on your own or for a small fee you may purchase a deli style lunch.

HOTEL RESERVATIONS— A special rate at the Hyatt Place is available— mention that you are with DuPage Easter Seals. The hotel is at 2340 South Fountain Square Drive in Lombard and the phone number is 630.932.6501. If you are interested in shuttle service to and from the conference site, please indicate this at the time you make your reservation.

QUESTIONS/Special Accommodations Needed? Call us at: 630-282-2026 or by email at ce@eastersealsdfvr.org