

The Drive to play: A DIR Perspective
Using Play and Relationship-Based Techniques to Achieve your Treatment Goals

Presented by

Gilbert Foley, Ed.D., IMH-E (IV-C) & Maureen Karwowski, OTR/L



Special Guest Introduction to DIR by
Serena Wieder, PH.D

Date & Location:

Friday, November 12th, 2021

Hosted by:

**Easterseals DuPage &
Fox Valley**

**830 S. Addison Ave.
Villa Park, IL 60181**

Format: Live webinar

Course Description:

Play is the portal through which young children are afforded access to a vast array of developmental opportunities. Play occurs spontaneously without the need for an imposed task and is a therapeutic modality applicable across disciplines.

This day is devoted to the discovery of play in developmental context and the applications of play as a treatment modality across disciplines. The first part of the morning will focus on the functions of play, the typical developmental course of play over the first 5- years and how play serves to support the formation of self-regulation itself. Play as self-healing is illustrated by a video documenting the dramatic developmental advances made by a class of children with emotional disorders through open-ended play with basic materials.

The second half of the morning begins with an introduction to DIR Model (Developmental, Individual-difference, Relationship-based) approach to intervention with autism and other developmental disorders by Serena Weider, co-creator of DIR with the late Stanley Greenspan. The morning session concludes with a more in-depth examination and illustration of “D” the “I” and the “R” and Floortime, the play and relationship-based treatment modality of DIR, applicable across disciplines.

The second half of the day is totally devoted to the clinical application of play in occupational therapy, specifically, and across therapies. Two cases will be presented, one of which will have a multi-disciplinary perspective. The cases will be illustrated with video clips and vignette, analyzed and deconstructed to illustrate clinical reasoning and process using play and relationship-based methodology including DIR. Audience questions and discussion will be encouraged.

Learning Objectives:

Upon completion of this course, participants will be able to:

1. Identify and describe the stages of typical play development
2. Conceptualize how play promotes self-regulation
3. Describe the components of the DIR Model and the principles of floortime
4. Formulate intervention plans in a play and relationship-based approach
5. Implement basic play and relationship-based practices

Target audience: This course will be of interest to Physical Therapists, Occupational Therapists, Speech-Language Pathologists, Early Childhood Educators, Social Workers and other Mental Health professionals.

Contact Info:

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www.eastersealsdfvr.org/continuingeducation

About the Instructors:

Gilbert M. Foley, Ed.D., IMH-E (IV-C) serves as Consulting Clinical Psychologist at the New York Center for Child Development (NYCCD) in New York City and Clinical Co-Director of the New York City Early Childhood Mental Health Training and Technical Assistance Center (TTAC): a collaboration between NYCCD and McSilver Institute, New York University. He is also Director of the Graduate Personnel Preparation Program in Infant Mental Health and Developmental Practice at the Adelphi University Institute for Parenting, Garden City, NY. He is a Senior Faculty member of the Profectum DIR Academy and is Endorsed as an Infant Mental Health Clinical Mentor. Dr. Foley is a retired tenured faculty member of Ferkauf Graduate School of Psychology where he taught for 20 years in the Department of School-Clinical Child Psychology and coordinated the infancy-early childhood track. As Senior Clinical Supervisor in the Department of Pediatrics at NYU School of Medicine-Bellevue Hospital Center, he was an innovator in the technique of reflective supervision. While serving as the Chief Psychologist in the Pediatric Department of the Medical College of Pennsylvania, Dr. Foley completed a fellowship at the Yale Child Study Center with the late, Sally Provence M. D. Dr. Foley served as the Director and Principle Investigator of the Family Centered Resource Project, providing training to the infant/early childhood intervention community nationally. Dr. Foley's clinical and teaching career has been devoted in large part to working with infants and young children with special needs and their families. He is the author of several books and numerous articles, including "Mental Health in Early Intervention" with Dr. Jane Hochman, published by Brookes. He lectures and consults widely, nationally and internationally, having recently returned from South Africa, China and Israel.



Maureen Karwowski serves as the Vice President of Clinical services at Easterseals DuPage and Fox Valley. She is a graduate of Western Michigan University's Occupational Therapy program with more than 25 years of experience working with children. Her experience has included work with children with a variety of diagnosis, including autism spectrum disorder, cerebral palsy, sensory processing disorders, and feeding issues. Maureen has provided treatment in settings such as an early intervention program, a children's hospital, schools, as well as out-patient therapy centers. Maureen holds a certificate in Neurodevelopmental Treatment Techniques (NDT) as well as a fellow's certificate in Developmental Individualized Relationship Based treatment (DIR.). Maureen incorporates this DIR training as well as the NDT training to children with autism spectrum disorders, sensory processing disorders as well as children with feeding challenges.



Disclosure Statement: Maureen Karwowski has the following relevant financial relationships to disclose: she receives an honorarium for speaking from Easterseals DuPage & Fox Valley.

Disclosure Statement: Dr. Foley has the following relevant financial relationships to disclose: he receives consulting fees and has intellectual property rights with the Training and Technical Assistance Center, New York Center for Child Development and receives an honorarium for speaking from Easterseals DuPage & Fox Valley. He has the following nonfinancial relationships to disclose: he is a founding board member, New York State Association of Infant Mental Health (NYS-AIMH) and senior faculty at Profectum (DIR).



Serena Wieder, PhD., is the Clinical Director and a founding member of the Profectum Foundation, dedicated. She co-created the Developmental, Individual Difference, Relationship based Model a parent mediated and life span model integrating development, neuroscience and intervention. Dr. Wieder co-authored *Engaging Autism*, *The Child With Special Needs* and *Infant and Early Childhood Mental Health* and also co-edited *Infants in Multi-Risk Families*, as well as the *Diagnostic Manual for Infants and Young Children (DMIC)* and the original *Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC 0-3)*. Most recently, Dr. Wieder co-authored *Visual Spatial Portals to Thinking, Feeling, and Movement* with Harry Wachs, O.D., She has published over 30 journal and book chapters, and is on the faculty of UC Davis. At this time, Dr. Wieder also has a private practice in NYC for consultation and therapy for complex developmental and related mental health challenges.

Disclosure Statement: Dr. Serena Wieder has the following relevant financial relationships to disclose: she receives an honorarium for speaking from Easterseals DuPage & Fox Valley.

Course Schedule: 6.0 Contact Hours

8:00-8:30	Registration
9:00-9:15	Introductions
9:15-10:00	Typical patterns of play development, play as regulation, play as self-healing
10:00-10:15	Break
10:15-10:45	Play as self-healing and video illustration
10:45 11:45	The DIR model and Foortime play and relation ship- based practices
11:45- 12:00	Q&A/discussion
12:00-12:30	Lunch
12:30-1:15	Video
1:15- 2:15	Case presentation and analysis
2:15-2:30	Break
2:30-3:30	Case presentation and analysis (multi-disciplinary case)
3:30-4:15	Q&A/discussion

**** Participants are expected to attend the course for the entire length of the day in order to receive their Certificate of Attendance and their full CEU credits. Participants will miss crucial information needed to be able to correctly use the Work of Play program if they come late or leave the course early. Please make all travel arrangements to ensure you do not arrive late or need to leave early.**

Continuing Education Credits

Continuing education credits for *O.T./P.T./SW* will be offered through the Illinois Department of Professional Regulation.

Early Intervention credits have been applied for.

All participants will receive a course completion certificate upon successful completion of the conference. No certificates will be awarded until course completion is verified on the final date of the conference.



ASHA CE
APPROVED PROVIDER

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Intermediate Level
60 ASHA CEUs



American Occupational Therapy Association

Approved Provider

This Intermediate Level course is offered with AOTA Classification Codes: Categories 1 Domain of OT & 2 Occupational Therapy Processes.

REGISTRATION FORM

Please complete this form and mail with payment to:
Easterseals DuPage & Fox Valley
Continuing Education Department
830 South Addison Avenue
Villa Park, IL 60181
FAX: 630.620.1148

Registration Fee: \$200

Early Registration Fee: \$190 on or before 10/15/21

****10% discount for groups of 4 or more from the same facility (Registrations must be sent in together; please contact the CE department before sending)**

Name: _____
(This is how your name will be printed on the course completion certificate.)

Title/Position: _____

Organization: _____

Org. address: _____

City: _____

State: _____ **Zip:** _____

Business phone: _____

Home address: _____

City: _____

State: _____ **Zip:** _____

Home phone: _____

E-mail: _____

For credit card payment, please complete:

Type (please circle): Visa, MasterCard, AmEx, Discover

Credit Card #: _____

Expiration Date: _____ **CVV:** _____

Space is limited- early registration is encouraged. Registration deadline: November 5th, 2021.

Register On-line: <http://www.easterseals.com/dfv/our-programs/employment-training/continuing-education.html>

Cancellations must be in writing and will incur a \$50 processing fee. No refunds granted after November 5th 2021. If Easterseals or Speaker should need to cancel, course fees will be refunded or transferred to another course at the discretion of the participant.

Special Accommodations: Please notify us of any special accommodations you may have by contacting us at 630.261.6191.

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