



Orofacial Myology: Skills for Successful Treatment

Presented by:

Sandra Holtzman, MS, CCC/SLP, COM

Dates & Location:

**Saturday, March 10th
through
Sunday, March 11th, 2018
at
Easter Seals DuPage & Fox Valley
830 S. Addison Ave.
Villa Park, IL 60181**



Learning Objectives:

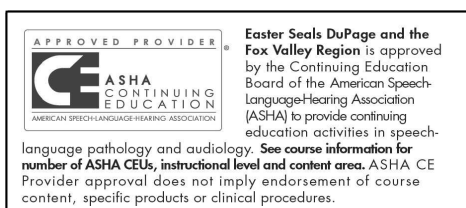
- Explain why “tongue thrust” is an antiquated term.
- Recognize the various symptoms of an orofacial myology disorder.
- Describe the connection between Stage One of the Swallow and certain speech disorders.
- Use terminology to enhance communication with dental professionals, lactation consultants, and others.
- Rule out certain obstacles to treatment including ankyloglossia, negative oral habits, airway issues and mouth breathing patterns.
- Describe the correct habitual resting postures of the tongue, lips and mandible.
- Identify the connections among articulation disorders, habitual rest postures, nasal breathing, chew/swallow patterns, and orthodontic concerns.
- Explain the importance of using a systematic, sequential, and sensible approach to various speech disorders rather than “hit and miss” exercise selections.
- Provide precise basic lingual exercises to clients as the first step in treatment.
- Take baseline measurements for lip strength and resistance, range of motion of the tongue, and lip competence.

Continuing Education Credits

Early Intervention Credits will be applied for.

All participants will receive a course completion certificate upon successful completion of the conference. No certificates will be awarded until course completion is verified on the final date of the conference.

Speech Therapy:



This course is offered for 1.3 CEUs (Intermediate level, Professional area).

Course Description/Target Audience:

This course gives an overview of orofacial myology and its benefits for the progress and habituation of clients seen on a daily basis. Some clients remain in therapy month after month, showing no noticeable progress. Others progress far too slowly and plateau long before attaining their goals. Weak lip closure, poor suctioning skills, difficulty forming an acceptable bolus, digit sucking habits, mouth breathing, enlarged tonsils, tongue tie, certain orthodontic appliances, and other conditions frequently interfere with progress. These often seen but rarely targeted areas are presented in this two day course. Sandra Holtzman peppers her presentations with humor, passion, and an emphasis on the importance of *drawing out the best in each client*.

Target Audience: Speech-Language Pathologists

About the Speaker:

Sandra R. Holtzman, MS, CCC/SLP, COM, is a certified orofacial myologist who is the director of Neo-Health Services, Inc., a |company that provides ASHA , AGD, and IAOM continuing education training courses throughout the U.S. and Canada as well as online. She is an approved instructor for the 28 hour intensive course that enters SLPs and dental professionals into the international certification |process for orofacial myology. Sandra is on the Board of Examiners of the International Association of Orofacial Myology, is an adjunct Associate Professor at the School of Dentistry at the University Of North Carolina - Chapel Hill, and was one of the founding members of the International Affiliation of Tongue tie Professionals. She sees selective patients and oversees the product development and sales of “The Myo Manual” treatment program and associated products.



Sandra has the following relevant financial relationship to disclose: she is the owner of Neo-Health Services, Inc, which sells orofacial myology materials. She has the following relevant non-financial relationships to disclose: she is a consultant to the University of North Carolina, Chapel Hill School of Dentistry, she is one of the original founders of the International Affiliation of Tongue Tie Professionals, and she is a member and serves on the Board of Examiners for the International Association of Orofacial Myology.

Course Schedule

Day 1

8:00AM—8:30AM

8:30 – 9:30

Registration & Check-In

-Pre course quiz; terminology

-Misconceptions and Myths about “tongue thrust”

-What is orofacial myology and who can treat?

Symptoms

Break

9:30 – 10:15

10:15 – 10:30

10:30 – 12:00

Necessary elements of a thorough orofacial exam:

Demonstrations & videos of various components

Lunch

12:00 – 1:00

1:00 – 2:30

Oral Exam continued

2:30 -2:45

Break

2:45 - 5:30

-Treatment Planning, Utilizing Findings & Speech Connections

-Obstacles and Barriers to successful treatment:

Ankyloglossia: tongue tie and lip tie

-Negative oral habits: thumb, finger, other

-Airway issues, enlarged tonsils/adenoids

-Habit appliances

Conclusion of Day 1

5:30

Day 2

8:00AM—8:30AM

8:30 – 9:15

Check-In

-Questions & Answers related to Day 1 information

-Obstacles/Barriers continued

-Be Systematic, Sequential and Sensible

Avoid “hit & miss” methods

-What is needed and when?

-Overview of Phases 1, 2 and 3 of Myo treatment program

-Descriptions and Video Selections

Break

10:15 – 10:30

10:30 – 12:00

-Pre-treatment

-Mechanics of Chew/Suction/Swallow

-Integration into Daily Life

Lunch

12:00 – 1:00

1:00 – 2:30

-Phase One in depth presentation with some hands-on experience

-Various applications for patients who benefit from treatment

Break

2:30 -2:45

2:45 - 3:30

-Proficiency Exam, Phase One

-Its relevance and importance to SLPs

-When to implement speech sounds within a program of orofacial myology? /r/, /l/, /s/, /ch/, /sh/

Conclusion of Day 2

3:30

Contact Hours: 13



CONTACT INFO:

Phone: 630-620-4433

Email: ce@EasterSealsDFVR.org

www.eastersealsdfvr.org/continuingeducation

Registration Form

Online at EasterSealsDFVR.org/ContinuingEducation

Please complete this form and mail with payment to:

Easter Seals DuPage & Fox Valley

Continuing Education Department

830 South Addison Avenue

Villa Park, IL 60181

FAX: 630.620.1148

Registration Fee: \$465

Early Bird Fee: \$445 on or before 2/12/18

Name: _____

This is how your name will be printed on the course completion certificate..

Title/Position: _____

Organization: _____

Org. address: _____

City: _____

State: _____ **Zip:** _____

Business phone: _____

Home address: _____

City: _____

State: _____ **Zip:** _____

Home phone: _____

E-mail: _____

For credit card payment, please complete:

Type (please circle): Visa, MasterCard, AmEx, Discover

Credit Card #: _____

Expiration Date: _____ **CVV:** _____

Registration fee includes the conference, continental breakfast, and afternoon refreshments.

Space is limited. Early registration is encouraged. Registration deadline:

February 23rd, 2018

Cancellations must be in writing and will incur a \$50 processing fee. No refunds granted after February 23rd, 2018. If Easter Seals or speaker should need to cancel, course fees will be refunded or transferred to another course at the discretion of the participant.

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OTHER INFORMATION

MEALS: Continental breakfast & afternoon refreshments will be provided. Lunch will be on your own or for a small fee you may purchase a deli style lunch.

HOTEL RESERVATIONS: A special rate at the Hyatt Place is available.

Mention Easter Seals DuPage when booking. The hotel is at 2340 South Fountain Square Drive in Lombard and the phone number is 630.932.6501.

If you are interested in shuttle service to and from the conference site, please indicate this at the time you make your reservation.