



Savvy Caregiver Series

Easterseals and the Swank Center for Memory Care and Geriatric Consultation are partnering to bring you *The Savvy Caregiver*. The four-part series will provide knowledge and skills essential to those who are caring for a loved one living with Alzheimer's or dementia. Filled with practical and helpful information, the program will guide caregivers toward the goal of creating a more fulfilling life for their loved ones while maintaining a healthy balance in their own life.

The series will be held on the following Wednesdays:

10/17, 10/24, 10/31, 11/7

11:00am to 1:30pm (Lunch will be provided)

Easterseals

61 Corporate Circle New Castle, DE 19720

The Savvy Caregiver Series is free, but registration is required.

To register: Call 302-221-2087 or send an email to resources@esdel.org



CHRISTIANA CARE
HEALTH SYSTEM

Swank Center for Memory Care
and Geriatric Consultation