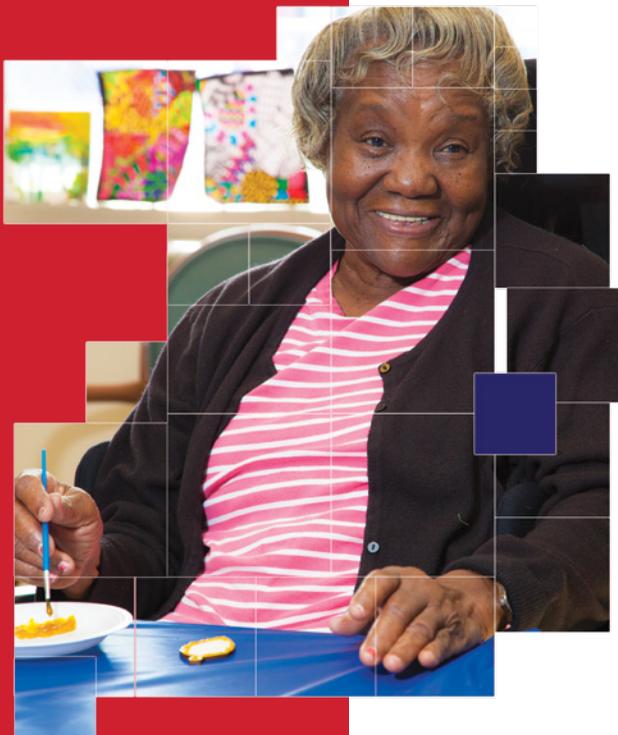


www.de.easterseals.com



Multiple Sclerosis Can't Keep Mary Down



Until she was diagnosed with Multiple Sclerosis 21 years ago, Mary led a very busy life, working first for the Delaware Hospital and then for the State Board of Education. After her diagnosis, Mary tried to stay active in the community, but that was a challenge until she found the adult day care program at Easter Seals.

"I don't know what my life would be like without Easter Seals. It just wouldn't be the same," says Mary, who just turned 77 years old this year. "Easter Seals is my second home and favorite place to go. We are one big happy family."

Mary attended a senior center before coming to Easter Seals, but they couldn't accommodate her needs. Now, she comes to Easter Seals four days a week and enjoys using the computer and playing bingo. Her husband, Ed, couldn't be happier. "Easter Seals was the right fit for Mary," says Ed. "It is the right place for Mary to go and she likes it. The staff show a real interest in people keeping them motivated. I see real progress with the people at Easter Seals."

The Easter Seals adult day care program serves adults who have experienced an unexpected disease or injury such as Multiple Sclerosis, stroke, brain injury, or bone injury. The program provides a break from caregiving for families or those who work and have other responsibilities. Participants can choose from a variety of activities such as arts and crafts, exercise, community trips, computer access and more.

Easter Seals offers a range of services, including children's therapies, assistive technology, recreational camping, day programs for adults with physical or intellectual disabilities and respite services for caregivers. To learn more about how Easter Seals helps children and adults with disabilities, [call 1-800-677-3800](tel:1-800-677-3800) or visit www.de.easterseals.com.

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