



## In-Home Services Fills the Gap for Senior Citizens

When Holly's husband became gravely ill, she knew she was going to need help balancing his needs with the needs of her 96-year-old father, Bill, especially since her father wanted to continue to live in his own home. Easterseals In-Home Services filled the gap for the whole family.

"Easterseals was there to pick up the pieces. They are a wonderful support system," Holly says. "With In-Home Services, I know my dad is safe and is in his own environment."

Despite being 96 years-old, Bill's love for bowling has not faded. He still bowls three times a week on a league. His Easterseals care worker makes sure he never misses a game, and also takes him to the grocery store and doctor's appointments. "Where would I be without In-Home Services? I'd be stuck here all day," Bill says. "I can't walk anywhere. I would have to rely on my daughter for everything."

Besides transportation, Easterseals In-Home Services provides assistance with meal planning and preparation, dressing, light housekeeping, laundry, personal care needs, companionship, and more. The program primarily serves the elderly, persons with dementia or Alzheimer's disease and persons with disabilities. All caring partners are employees of Easterseals, undergo thorough background checks, are bonded, insured and have current First Aid/CPR training.

"It's hard for seniors to give up their independence," Holly says. "My dad is happy with Easterseals. He deserves to be happy and age with as much dignity as possible. I can rest easy because a caregiver is with my dad."

For more information about Easterseals In-Home Services program, contact Kate Antisavage at 302-221-2060 or [kantisavage@esdel.org](mailto:kantisavage@esdel.org). To learn more about the wide range of services offered by Easterseals to assist seniors and individuals with disabilities, call [1-800-677-3800](tel:1-800-677-3800) or visit [www.de.easterseals.com](http://www.de.easterseals.com).