

Neurological Rehabilitation Adult Day Program

September 2022 Newsletter



MOVING FORWARD: *To Mask or Not to Mask?*

As mentioned in August's Newsletter, the Neurological Rehabilitation Adult Day Program is exclusively following the instructions set forth by the Colorado Department of Public Health & Environment 17th Revised Public Health Order (PHO) 20-38. This order states that all masking requirements are now tied to the Centers for Disease Control and Prevention's (CDC's) county-based COVID-19 Community Level tool.

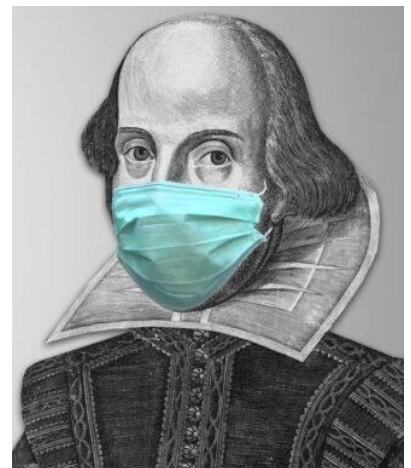
Based on this tool, the NRADP will adhere to the Community Levels of Jefferson County and follow the masking requirements listed below:

- Community Level **High** Masks **REQUIRED**
- Community Level **Medium** Masks **REQUIRED**
- Community Level **Low** Masks **OPTIONAL**

We will monitor these Community Levels on a weekly basis and adjust our masking requirements as necessary. For more information and an overview of the Community Level Tool, please visit: <https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html>

Interactive County Lookup & Map:

- **GO TO:** <https://covid.cdc.gov/covid-data-tracker/#datatracker-home>
- **SCROLL TO:** "COVID in Your Community"
- **ENTER IN SEARCH BAR:** Jefferson County, Colorado



COMMUNITY OUTINGS

We have had a great response to our community outings, and we are looking forward to many more to come. Moving forward, sign-up sheets will still be available in-program or participants can sign up by emailing Program Manager Marianne Soliz at msoliz@eastersealscolorado.org. The community outings offered will not replace our in-program activities, rather they will be an additional offering. All participants are encouraged to sign up for the activities of their choosing, and we will do our best to ensure equal opportunity and equal participation.

VOLUNTEERS WELCOMED

As we continue to add more of these outings to our calendar, we are looking for volunteers to help assist. Friends, families, and caregivers are invited to meet us at the outing location – with the expectation that volunteers will provide one-on-one assistance to their respective participant. If you are interested in volunteering for any future activities, please contact Marianne Soliz at msoliz@eastersealscolorado.org.

PROGRAM LOCKERS

For added safekeeping, we now have locker space available for participants to store their personal items. These lockers are available for use during program hours only, and participants will need to provide their own locks. Participants are still advised not to bring valuables to the program.

END OF SUMMER BBQ POTLUCK

The NRADP will be hosting a potluck barbeque to celebrate the end of summer and the arrival of fall:

WHERE: In Program at the Vestal Center

WHEN: Thursday, September 22 @ noon.

All participants are invited to join and bring a dish to share! To RSVP, or if you have any questions, please contact Marianne Soliz at msoliz@eastersealscolorado.org.

Additional details are included in the flyer that is being sent home with the September Newsletter and Calendar.

SEPTEMBER CELEBRATIONS

Birthdays

Whitney: September 4
Ken C: September 11
Randy: September 16
Rick: September 26
Stephanie: September 30

Holidays & Observances

Sept 5: Labor Day
Sept 8: Physical Therapy Day
Sept 11: Patriot's Day
Sept 15: Nat'l Caregivers Day
Sept 16: Nat'l Guacamole Day
Sept 21: Int'l Day of Peace
Sept 22: Fall Equinox
Sept 29: Nat'l Coffee Day

Please note that we will be closed Monday, Sept. 5th in observance of Labor Day.

Autumn whispered
to the wind, "I
fall; but always
rise again."

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