

# Neurological Rehabilitation Adult Day Program

September 2021 Newsletter



## CHEERS to 20 YEARS!!!

***“The highest of distinctions is service to others.”***

We would like to acknowledge the hard work, dedication, and years of service of our very own Bill Brewton, CNA and Program Assistant. Bill celebrated his 20 Year Work Anniversary with Easterseals Colorado this past August. Bill started with Easterseals Colorado as an Aquatic Exercise Instructor before taking on the role of Aquatic Program Director. When the pool doors closed in 2019, Bill didn't miss a beat as he seamlessly transitioned into the role of Program Aide for both the Explorers Day Program and the Neurological Rehabilitation Adult Day Program. We are lucky to now have Bill in the NRADP full time.



**Despite the ups and downs of 2020 and the transitions of 2021, Bill has remained a dedicated employee and an essential component to the success of Easterseals Colorado and its programs. We are so grateful for the years he has given all of us. THANK YOU & CONGRATULATIONS BILL! 🎉**

### MASK POLICY

**As a reminder, we are still requiring ALL staff, participants, and visitors to wear a mask during program hours.** This includes family members, caregivers and drivers who enter the building during drop-off and pick-up hours.

In addition to being a *limited healthcare setting*, the high-risk nature of our participants requires that we continue to do all we can to maximize protection from COVID-19, specifically the Delta variant, and to prevent its spread.

### 🔥 NURSE'S CORNER 🔥

#### ***“Delta Variant: What We Know About the Science”***

- The Delta variant is highly contagious, more than 2x as contagious as previous variants.
- It may cause more severe illness than previous strains in unvaccinated persons, according to some data.
- Fully vaccinated people with Delta variant breakthrough infections CAN spread the virus to others.
- The greatest risk of transmission is among **unvaccinated** people.

For more information, please visit:

<https://www.cdc.gov/coronavirus/2019-ncov/variants/delta-variant.html>

## MISSED DAYS & VIRTUAL PROGRAMMING

We understand that missed days happen. In addition to letting us know that you will be out (call, text or email) – we want to remind all participants of the availability of our virtual programming.

Should you miss an in-person day, you are welcome to tune in to any Facebook videos available that day! If you are able to watch and join for our Stretches and Mindfulness practice, let us know you're out there by giving the video a "Like" or leaving a comment.

**All previously recorded videos – Morning Mindfulness and Rehabilitation Strengthening – as well as any weekly live videos offered can still be viewed any time via our Facebook page:**

**<https://www.facebook.com/EastersealsCO>.**

## UPDATED PARTICIPANT INFORMATION

With the interrupted schedule of 2020, we have had the added challenge of updating all medical records and documentation. We recently completed an internal chart audit, and we will be reaching out to participants and their caregivers to help us keep all documentation current. We are asking for your assistance with this process by completing and returning any forms sent home as quickly as possible.

The forms will vary by participant, but the most common ones are listed below:

- Emergency Contact Information
- POA Documentation
- Consent for Release of Information
- Rocky Mountain Human Services Case Managers: name, phone number, and email address

Moving forward, we will continue to update these and other required forms on an annual basis. We appreciate your assistance and cooperation with this housekeeping item.

## CURRENT MEDICAL RECORDS

As a part of legally maintaining our records, we ask that each participant keeps us updated on their current health status, changes in medication, or any updates to his or her medical history.

For the safety of both participants and staff, it is imperative that we are aware of any shifts or changes in status, so that we may appropriately accommodate each individual's health needs.

## SEPTEMBER CELEBRATIONS

### Birthdays

Whitney: September 4

Ken C: September 11

Rick: September 26

Stephanie: September 30

### Holidays & Observances

September 6: Labor Day

September 8: World Physical Therapy Day

September 11: Patriot Day

September 21: Intn'l Day of Peace

September 22: Fall Equinox

**Please note that we will be closed Monday, Sept. 6 in observance of Labor Day.**

*Happiness is found when you stop comparing yourself to other people*

### Staff Contact Info

**Jessica Richardson, COTA/L**

**Senior Program Director**

303.596.2819

[jrichardson@eastersealscolorado.org](mailto:jrichardson@eastersealscolorado.org)

**Marianne Soliz, PTA**

**Assistant Manager**

720.254.5447

[msoliz@eastersealscolorado.org](mailto:msoliz@eastersealscolorado.org)

**Bill Brewton, CNA**

[bbrewton@eastersealscolorado.org](mailto:bbrewton@eastersealscolorado.org)

**Jaime Baker, COTA/L**

[jbaker@eastersealscolorado.org](mailto:jbaker@eastersealscolorado.org)