

# Neurological Rehabilitation Adult Day Program

October 2020 Newsletter



## Back in action....



We are thrilled to be re-opened!! While we are still at a limited capacity, we love being able to reconnect with many of you in person. Thank you for your continued support during our time away!

We are also continuing our virtual programming, with 2 classes being offered per day. You can join Morning Mindfulness at 10 AM and Rehabilitative Strengthening at 1:30 PM via Facebook Live. These videos are recorded and posted to YouTube for those of you who cannot attend on Facebook Live.

## COMING SOON: "NURSE'S CORNER"

**We are excited to welcome Zill Patel to the NRADP Team!** Zill is a Registered Nurse and joins us from the East Coast. She has several years of healthcare experience, most recently working as an LPN (Licensed Practical Nurse) at a specialized day program for adults.

Zill will be offering her nursing expertise with health tips and information to best serve our participants. Be sure to check out her updates in the soon-to-be-added "Nurse's Corner" section of our monthly newsletter.

### October Health Tips

- Schedule your flu shot
- Put on a new/clean mask EVERY day
- Wash your hands often
- Maintain 6 ft. distance

## ATTENDANCE REMINDER

We want to thank all of you for your consistent attendance. **Please continue to call or email if you will be absent on your scheduled day.** We are still working off a waitlist, and it is important that we honor all return-to-program requests by monitoring daily attendance. Thank you again for staying diligent in this matter!

## HOW ARE WE DOING?

With our new programming in place, we want to check in with each of you. Please feel free to let us know how the re-opening is going for you. What feedback or suggestions do you have? We would love to know your thoughts! If you would like to provide feedback anonymously, we would be happy to add a "Suggestion Box" to our welcome table.

Head up, heart open.  
To better days!

## BIRTHDAY CELEBRATIONS

### September

Ken C: September 11  
Rick: September 26  
Stephanie: September 30

### October

Bunny: October 5  
Frank: October 7  
Janet: October 13  
Robert: October 16  
Kevin: October 18

### Staff Contact Info

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