Neurological Rehabilitation Adult Day Program

June 2023 Newsletter



"Communication is the essence of human life."

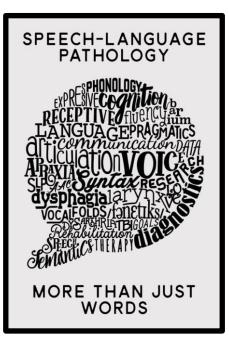
With the combined observances of BETTER HEARING & SPEECH MONTH in May and APHASIA AWARENESS MONTH in June, the NRADP is taking the opportunity to highlight the efforts of these campaigns. The intention behind them is to raise awareness about communication disorders and to pave the way for better communication experiences for people living with these disorders, such as aphasia.

WHAT IS APHASIA?

According to the National Aphasia Association, "aphasia is an impairment of language, affecting the production or comprehension of speech and the ability to read or write." Most common after a stroke, aphasia can affect multiple aspects of communication – such as the ability to retrieve the names of objects, the ability to put words together into sentences, and the ability to read.

CAN APHASIA BE TREATED?

Licensed speech-language pathologists work to determine which aspects of communication are affected and the level of language comprehension for each person. From there, a treatment plan is developed. Here at the NRADP, our very own **Speech Language Pathologist, Whitney Carpenter**, makes these individualized treatments a reality. Whether she is treating 1-on-1, assisting with a community outing, or facilitating the support group – Whitney shares her skill and experience to help make communication effective, accessible, and achievable for all participants.



"The most important thing in communication is hearing what isn't said."

For more information and resources, visit: <u>https://www.asha.org/bhsm/</u> <u>https://www.aphasia.org/stories/june-aphasia-awareness-month/</u>

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STAFFING UPDATE

We are sad to announce that Marianne Soliz, Program Manager and Physical Therapist Assistant, will be resigning from her position with the NRADP. Marianne and her husband will be moving out of state at the end of the month, and her last day with the program will be June 23.

Marianne has been an integral part of this program for the past 3 years, and we will miss her energy and commitment. We're grateful for all she has given to this program, and we wish her and her husband the very best. THANK YOU & GOOD LUCK MARIANNE!!

COVID-19 UPDATE

As of May 11, 2023, the COVID-19 national public health emergency ended. While many of our routines and practices have already returned to pre-pandemic status, it is important to note the official changes. As communicated by the Colorado Department of Public Health and Environment, here are some keys points from this public health announcement:

- State funded supplemental staffing has ended.
- State funded lab-based COVID-19 testing has ended.
- CDC guidance will transition from an acute response to longterm guidance while continuing to monitor for virus changes.
- CDC is retiring the "COVID-19 Community Levels" and recommendations are changing.

The NRADP will continue to monitor the CDC and CDPHE for important updates and will modify programming as needed. For additional information, visit: <u>https://www.cdc.gov/coronavirus/2019-</u> ncov/your-health/end-of-phe.html.

WE DON'T WASTE

The NRADP has recently partnered with **We Don't Waste** – an organization that works to reduce hunger and food waste in the Denver area. Their intentions are simple: **Saving food. Protecting the planet. Feeding people.** We Don't Waste fulfills their mission by recovering quality, unused food from the food industry and delivering it to nonprofit organizations like ours. In the last few weeks, we have received gracious donations from The Post, and our participants have been treated to delicious lunches of fried chicken, mac & cheese, mashed potatoes, and biscuits.

For more information on We Don't Waste and their mission, visit: https://www.wedontwaste.org/

JUNE CELEBRATIONS

Birthdays

Megan: June 8 David R: June 14 Lyle: June 19 Leah: June 26

Holidays & Observances

June 2: Nat'l Donut Day June 4: Nat'l Cheese Day June 8: World Ocean Day June 14: Flag Day June 18: Father's Day June 19: Juneteenth June 21: Summer Solstice June 26: Forgiveness Day

> Pride Month Alzheimer's & Brain Awareness Month



Staff Contact Info

Jessica Richardson, COTA/L Senior Program Director 303.596.2819 jrichardson@eastersealscolorado.org Marianne Soliz, PTA Program Manager 720.254.5447 msoliz@eastersealscolorado.org Bill Brewton, CNA bbrewton@eastersealscolorado.org Jaime Baker, COTA/L jbaker@eastersealscolorado.org

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