

Neurological Rehabilitation Adult Day Program

June 2021 Newsletter



MOVING FORWARD WITH MASKS

At this time, the Neurological Rehabilitation Adult Day Program will still require all participants and staff to continue to wear a mask while attending the day program.

Even with the amended (Colorado) and rescinded (Jefferson County) mask orders, Easterseals Colorado and the NRADP will continue to do all they can to prevent the spread of COVID-19 and ensure the safety of our participants and staff. Until we have record of 100% vaccination within our program, or additional legal orders go into effect, we will maintain our current mask policy.

PROGRAM VISITORS

While we love being able to welcome visitors into the Neurological Rehabilitation Adult Day Program, **we kindly ask that you provide notice or ask to schedule a meeting prior to stopping by.** With the COVID-19 restrictions and protocols still currently in place, any unannounced visitors add additional legwork and potential schedule shifts to our day.

We are more than happy to schedule a time for any family members or friends to come for a visit. However, we need to ensure that we are adhering to the NRADP policies and procedures, in addition to meeting the immediate needs of our participants.

PERSONAL WATER BOTTLES

As we continue to work through the easing of some restrictions, we are returning to the use of washable and reusable water bottles. If you wish to bring in your own personal water bottle, you are more than welcome to do so. We can ensure that any bottles brought in are labeled, stored, and cleaned in between uses.

COVID-19 DIAL STATUS

As a reminder, we are now in Phase 2 of Jefferson County's **Order PHO 21-001**. JeffCo issued this health order to help guide the county through the recovery phase of the COVID-19 pandemic and into a full reopening. The local order is effective through August 15, 2021.

For full details on, please visit:

<https://www.jeffco.us/4047/Dial-Status>

As mentioned above, we are still operating under our current policies and procedures as this time. Easterseals Colorado and the Neurological Rehabilitation Adult Day Program will continue to follow all Federal, State and the Centers for Disease Control and Prevention (CDC) guidelines.

Should any changes be made, we will notify all participants, families, and caregivers immediately.

NEVER LOST...



We are deeply saddened to once again to share the news of the passing of one of our own. Shirley was a loved member of the NRADP, and while her time in the program was short - her impact was great. She had a drive and spirit that was undeniable, and she always had an extra mint or piece of candy to share! Her presence will be missed, but we will hold onto the notion that...

"Something that is loved is never lost."

SPARK THE CHANGE

Since last year, **Spark the Change Colorado** has offered their partnership to Easterseals Colorado staff and participants by providing mental health services at no cost. As a reminder, the following programs are available to you and your families:

1. **Kind Connection Program:** brings individuals within the community together by phone
2. **Individual Counseling:** provides 1-on-1 sessions to ensure the best counselor for each individual's needs
3. **Group Counseling:** offers an extension of their Mental Wellness Program in a small group setting to further cultivate peer support and relationships

We will be restarting our Participant Support Group here at the NRADP and offering a space for Spark the Change to help facilitate these meetings. If you wish to learn more about the opportunities available through Spark the Change, you can visit their website at sparkthechangecolorado.org or ask any of the NRADP staff!

2nd ANNUAL "WALK WITH ME" EVENT

Join Easterseals Colorado for our **2nd Annual "Walk With Me"** hybrid event! The event will take place throughout the week of June 20th-26th. Walk, dance, roll or stroll where you can and share on social media why Easterseals Colorado is important to you! The week-long event will conclude with an in-person walk. For those who wish to join us, we will be meeting at 9:00 a.m. on Saturday, June 26th at our Vestal Center, located at 5755 W Alameda Ave in Lakewood.

We will be forming a team here at the NRADP, and we encourage all of you to join us. Visit bit.ly/wwmcolorado for more details and to show your Easterseals Colorado support! **#WWMColorado**

JUNE CELEBRATIONS

Birthdays

Sahalu: June 7

Megan: June 8

Lyle: June 19

Holidays & Observances

June 14: Flag Day

June 19: Juneteenth

June 20: Father's Day

June 21: Summer Solstice

June 21: Int'l Yoga Day

June 23: Nat'l Hydration Day

**TWO THINGS YOU
ARE IN TOTAL
CONTROL OF IN
YOUR LIFE ARE
YOUR ATTITUDE &
YOUR EFFORT**

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