

# Neurological Rehabilitation Adult Day Program

December 2022 Newsletter



## YEAR IN REVIEW

It's always hard to believe when another year comes to an end. While time seems to be flying by, we are very appreciative for the many experiences this past year has allowed us. With the addition of our community outings, the NRADP and its participants have been able to enjoy various activities like lunch outings, pet and aquatic therapy, boxing, and visits to the library and the coffee shop. We even had the chance to enjoy a group outing to the Denver Art Museum! We are so grateful for each and every one of you – participants, family members, and caregivers alike – and we look forward to many more experiences in the new year!



YEAR'S END IS NEITHER AN  
END NOR A BEGINNING  
BUT A GOING ON, WITH  
ALL THE WISDOM THAT  
EXPERIENCE CAN INSTILL  
IN US.

- HAL BORLAND

## PROGRAM REMINDERS

**MASKING REQUIREMENTS:** The NRADP continues to adhere to the Community Levels of Jefferson County and follow the masking requirements listed below:

Community Level HIGH:	Masks REQUIRED
Community Level MEDIUM:	Masks REQUIRED
Community Level LOW:	Masks OPTIONAL

NOTE: If Easterseals Colorado or its programs experiences an outbreak – ALL service recipients, staff members, and visitors are REQUIRED to wear masks for 10 business days.

**SNOW DAY POLICY:** If Denver Public Schools are closed, the NRADP is closed. A "delayed start" will indicate no change to our programming, and we will still be open to participants as soon as they are able to arrive. Local school closings can be found here: <https://www.9news.com/closings>.

**PARTICIPANT/CAREGIVER SURVEYS:** Please return the completed surveys as soon as possible. Your responses will help to evaluate the success of the NRADP and to address any current challenges. We greatly appreciate your time and input.

## SUPPORT EASTERSEALS COLORADO

Did you know that December is considered the Month of Giving? And did you know that you can give to Easterseals Colorado and the NRADP at NO COST?? Here's how:

- ❑ **AmazonSmile:** Shop at smile.amazon.com and donate 0.5% of eligible purchases to Easterseals Colorado.
- ❑ **Facebook Birthday Fundraiser:** Start a fundraiser on Facebook and invite your friends to donate to ESC as a birthday gift.

If you or someone you know is in a place to give more, you can join the statewide movement of **Colorado Gives Day on December 6**. Programs like the NRADP are made possible through fundraising efforts such as this. To learn more or to donate directly, visit: <https://www.coloradogives.org/organization/Easterseals-Co>.



**We hope everyone has a safe, healthy and happy holiday season!!**

## HOLIDAY CLOSURES

As a reminder, Easterseals Colorado and the NRADP will be closed for all services on the following dates:

**Christmas Eve/Day: Dec. 23, 26 (Observed)**

**New Years Day: Jan. 2 (Observed)**

**MLK Jr. Day: Jan. 16**

If you know you will be absent from the program on days other than those listed, please inform us as soon as possible.

## DECEMBER CELEBRATIONS

### Birthdays

Jolene: December 5  
Nichole: December 5  
Jessica: December 11

### Holidays & Observances

Dec. 1: Rosa Parks Day  
Dec. 3: International Day of People with Disabilities  
Dec. 7: Pearl Harbor Day  
Dec. 10: Human Rights Day  
Dec. 21: Winter Solstice  
Dec. 25: Christmas Day  
Dec. 26: Kwanza Begins  
Dec. 31: New Year's Eve

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