



Explorers Adult Day Program

5755 W Alameda Ave, Lakewood, CO 80226
(303) 596-2819

\$\$\$=Extra money needed if anyone wants food/coffee/etc. Planned activities are paid for by Easterseals (e.g., bowling)

May 2024 Calendar

Safety Awareness Topics
These topics will be discussed during lunch on outings
(1) Pedestrian Safety
During week of 5/6/2024
(2) Van Safety
During week of 5/20/2024

We depart daily at 9:30am and return at 1:30pm. Please have all rides scheduled for 8:30-9:00am drop off and 2:00-2:30pm pick up.

***All participants should bring a sack lunch that does not require a microwave to heat up.*

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Goodwill Picnic in the park for lunch Return at 1:30pm	\$\$\$ Coffee Klatch Picnic in the park for lunch Return at 1:30pm	Swallow Hill Music (opens 11am) Picnic in the park for lunch Return at 1:30pm
6	7	8	9	10
Littleton History Museum Picnic in the park for lunch Return at 1:30pm	Music Therapy-Swallow Hill Picnic in the park for lunch Return at 1:30pm	Lion's Park-Golden Museum Picnic in the park for lunch Return at 1:30pm	\$\$\$ Coffee Klatch Picnic in the park for lunch Return at 1:30pm	Access Studio or Walking Group Picnic in the park for lunch Return at 1:30pm
13	14	15	16	17
Hammonds Candy Factory Picnic in the park for lunch Return at 1:30pm	Curious Dragonfly Picnic in the park for lunch Return at 1:30pm	Old Crow Antiques Picnic in the park for lunch Return at 1:30pm	\$\$\$ Coffee Klatch Picnic in the park for lunch Return at 1:30pm	Adams County History Museum Picnic in the park for lunch Return at 1:30pm
20	21	22	23	24
Feel the Beat (10:30) Picnic in the park for lunch Return at 1:30pm	Jovial Gardens-Gardening Group Picnic in the park for lunch Return at 1:30pm	Curious Dragonfly Picnic in the park for lunch Return at 1:30pm	\$\$\$ Coffee Klatch Picnic in the park for lunch Return at 1:30pm	Access Studio or Walking Group Picnic in the park for lunch Return at 1:30pm
27	28	29	30	31
Memorial Day Closed	Music Therapy-Swallow Hill Picnic in the park for lunch Return at 1:30pm	Crown Hill Lake Picnic in the park for lunch Return at 1:30pm	\$\$\$ Coffee Klatch Picnic in the park for lunch Return at 1:30pm	Big Lots Picnic in the park for lunch Return at 1:30pm

If your Explorer will not be here, please call/email/text by 8am on day of absence.

Jessica Richardson, Sr Director (303) 596-2819 or jrichardson@eastersealscolorado.org
 Stephen Dawson, Program Manager (303) 521-8506 or sdawson@eastersealscolorado.org



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