

## In Home Parent Guidelines for COVID-19

**In order to reduce the spread of COVID-19 we ask that you adhere to the following guidelines regardless of vaccination status:**

- Please limit the number of household members participating in the appointment.
- All household members who are in the therapy space are required to wear masks if over the age of 2.
- Designate a space in your home for the appointment to take place and consider outdoor spaces for therapy if possible.
- Your therapist will bring her own soap and paper towels and request to wash her hands prior to starting the session. We will also request that anyone participating in the therapy session wash his/her hands as a standard precaution.
- Within 24 hours of your scheduled appointment, you will receive a text reminder asking about COVID-19 symptoms. If any of the below information is true, please call us at 309-686-1177 prior to your appointment.

**Please continue to monitor your child and household members for symptoms of COVID-19:**

- **If any of your household members have one of these symptoms:**

- ✓ new cough
- ✓ fever (100 degrees or higher)
- ✓ new difficulty breathing/shortness of breath
- ✓ new loss of smell

**Or 2 of these symptoms:**

- ✓ sore throat
- ✓ chills
- ✓ congestion or runny nose
- ✓ muscle or body aches
- ✓ new loss of taste
- ✓ headache
- ✓ nausea/vomiting/ diarrhea, fatigue

➤ **Please call to cancel your appointment. All in home appointments will be cancelled for at least 72 hours or until all household members are fever free for 72 hours without fever reducing medication, without GI symptoms, and have improving respiratory symptoms.**

- If your child or anyone in your household has close contact with someone who is positive for COVID-19, please notify us as soon as possible. In home appointments will be cancelled for at least 10 days from the time of close contact to the virus. All household members must pass a COVID screening for in home appointments to resume.
- Please notify us as soon as possible if your child or anyone in your household receives a positive COVID-19 diagnosis. In home appointments will be placed on hold for a minimum of 10 days from the most recent positive diagnosis in your household. If additional household members test positive, we will continue to cancel in home appointments for 10 days from each new diagnosis. All household members must be fever free for 72 consecutive hours without fever reducing medication, without GI symptoms and have improving respiratory symptoms before in home appointments can resume.

Thank you for the opportunity to serve your family. Your family's well-being is of the utmost importance to us. If you have any questions or concerns please contact a Care Coordinator at 309-686-1177.