

Picky Eaters

Workshop for Parents

Presented by Cathy Plyler, R.D.L.D and Cheryl Carey, MSW



Parents of children 5 and under are invited to this fun, interactive event to learn more about their child's nutritional needs and how to help encourage them to try new foods! This workshop will include hands-on activities and a demonstration on cooking healthy meals with young children.

Space is
limited

Saturday, May 2nd
9:00am-11:00am



Registration is required, please call 512-615-6833
or email sbravens@eastersealstx.org to sign up.

Refreshments and childcare will be provided.

Easter Seals Central Texas

1611 Headway Circle, Bldg. 2, Austin, TX 78754