

IMPACT ON CENTRAL AND SOUTHEAST OHIO

Summer 2019

Our Volunteers and their Good Deeds

The smallest acts mean a great deal to many

As we rush around our busy, daily lives, it can be hard to find time to volunteer. The advantages to you, your family and your community provide many benefits from relieving stress to finding new friends and learning new skills. Not to mention, the “feel good” feelings that envelop those who partake.

Why Should I Volunteer?

Volunteering provides assistance to people in need. Sometimes, the simple act of kind words, a friendly gesture or a kind hand can create many cherished memories for both you and the person(s) you are helping. Volunteering will benefit the volunteer and person served in many ways:

- Keeping mentally stimulated
- Combating depression
- Gives a sense of purpose and gratitude

How have volunteers made an impact at Easterseals Central and Southeast Ohio?

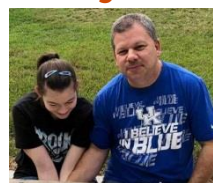
Volunteers are absolutely vital to what we do and how we serve our community. Many of our programs rely on the kind heartedness of volunteers to assist us with our activities in our Early Intervention Program, Ombudsman Programs and our Adult Day Programs. As stated by Lisa McCarty, our Early Intervention Manager, “It’s kind of a different perspective, but, I feel that having volunteers in the Early Intervention Program brings a sense of community. Whether that volunteer is with us one time or on a regular schedule, they quickly gain and understand the value of our services”.

Our Adult Day Program in Lawrence County volunteer, Mike Little, comes in 3 to 4 days a week. Cheryl McNeal, Adult Inclusion Coordinator, is grateful for Mike and the work he does with our friends who attend the center. “Mike is always there to lend a helping hand to our consumers with whatever they need”. Cheryl adds, “...he plays checkers, cards, board games and wii games with them, and he also does karaoke.” The consumers in our programs even enjoy the act of volunteering. Trey, our friend at the Chillicothe program said it best, “It’s pretty cool because we get to give back and I like that”.

In what ways can you volunteer?

Whether the need is assistance with landscaping, serving ice cream, creating artwork, playing games or assisting at one of our events, the help is always needed and appreciated. Reach out to us for our many volunteer opportunities. We look forward to hearing from you!

“Our volunteers are helping spread the idea of inclusion, awareness, and education throughout the community.” Lisa McCarty



Mike Little, enjoying his day volunteering.



BMW Financial Volunteers helping landscape



Freda Fannin, teaching line dancing classes

Romancing the Grape 2019

Celebrating 100 Years in Style

This year, our 17th annual Romancing the Grape fundraiser also celebrated 100 years of impact and advocacy. This year's annual fundraiser was the best one yet! Wouldn't you agree?

Together, We Celebrate



Pandora Shaw-Dupras, Bill and Christine Dargusch during Romancing the Grape 2019

This year, during Romancing the Grape, we celebrated BIG! We hit a momentous 100 year milestone and celebrated in true style! Between the 100+ types of wine, spirits and beer that was provided by local vendors, all that attended were able to experience different tastes from around the world. The 17 local restaurants that offered their finest hors d'oeuvres ensured that none of the guests left hungry! The music from Mid-Life Crisis and The Devil Doves entertained during this amazing event.

Mark your calendars! The date for next year's Romancing the Grape has been set!

April 25, 2020



Leveque Tower "Lighting it up Orange" to celebrate Easterseals 100th anniversary. This kicked off the week of Romancing the Grape, thanks to an anonymous donor. Photo courtesy of: Samantha James of VariantArts



Veronica Neideffer (fourth from left) with friends, enjoying the evenings music selection from Mid-Life Crisis.



Annie Crane, with Daughter Nora, our Child Ambassador for this year's Romancing the Grape.



A couple of AJ Hawk Autographed footballs were offered during this year's expansive silent auction.

Thank you to all who took the time out of their busy schedules to attend Romancing the Grape. Everyone from our volunteers, to the patrons who attended the event... we thank you. The programs we provide in our own backyards would not exist without your support.

Live Local. Give Local.



Advocating for Long-Term Care Patient's Rights

Long Term Care Ombudsman Advocates for Patient's Rights and Needs



Guest contributor, Alexis Simpson, Ombudsman Program Director - Region 6, shares the value and importance of the Ohio Ombudsman Program.

What is it?

The Long-Term Care Ombudsman Program (LTCOP) advocates for the residents that are living in nursing home, assisted living facilities, and group-home like settings.

Why it matters?

Over the years, the LTCOP has helped improve the quality of care that individuals in these various settings receive in many ways. To name a few, the LTCOP has done things such as providing In-Services to facilities,

held consultations, helped develop and work with resident councils within these facilities. Specifically over the past two years, the LTCOP has assisted with the relocation of residents from recent facility closures within the Columbus area.

What can be done to help?

Along with the paid Ombudsman Specialist, the LTCOP relies heavily on the work of our volunteers. Over the past year, the LTCOP has significantly grown our volunteer base. This has ultimately allowed the program to reach and advocate for more individuals. The Ombudsman volunteers have contributed tremendously to the program's overall regular presence in facilities. This is one of the program's key core services; being present to help advocate and educate. Our volunteers ultimately bring more awareness to the program and its mission on a needed and consistent basis.

Nursing Home Resident's Rights

- Participate in planning your care and making choices about your daily life.
- Adequate and appropriate care.
- Be treated with dignity and respect, regardless of where you make your home.
- Be free from physical, verbal, mental and emotional abuse.
- Be free from physical and chemical restraints.
- Receive reasonable notice before a room or roommate change.
- Not be discharged except for reasons specified in the law and to have a hearing.
- Be free from financial exploitation and to manage your personal affairs.
- Participate in community activities of your own choosing.
- Receive visitors at any reasonable hour.
- Control who has access to your medical records.

What impact does the program have?

The LTCOP is such a meaningful and impactful resource for so many because the program prides itself on being client focused and truly encourages residents to expect excellence in the care they are receiving, at all times.

If you or a loved one need help filing a nursing home complaint, or need more information, contact our Ombudsman at 1-800-536-5891.



Thanksgiving Day Turkey Trot A family tradition for over 30 years!

Join us Thanksgiving Day for the Original Columbus Turkey Trot. Choose from a 5 mile run or a 2.5 mile "Walk-n-talk". Every participant receives a pumpkin pie!

Register at www.ColumbusTurkeyTrot.com

Your participation supports the Make the First Five Count Initiative

Ways to Make an Impact

Get Involved and Show Your Support

Ways to Give

Donate: make a contribution online at www.eastersealscentralohio.org, over the phone, or mail us a check: Attn: Development Department

3830 Trueman Ct.

Hilliard, OH 43026

Donations made to this address stay 100% local here in our community.



Shop at Kroger: Register your Kroger Plus Card in the Community Rewards program in support of Easterseals. Our ID is IT726 or look up: "Easter Seals" www.krogercommunityrewards.com

Shop on Amazon: Shop on smile.amazon.com and designate Easterseals as your Amazon Smile charity. Easterseals will receive a portion of the purchases you make on Amazon.

Volunteer

At an event:

Romancing the Grape – assist with set-up, silent auction, and wine pouring.

Turkey Trot – assist with registration, medals, and water.

Bag Stuffing: Help us stuff race goody bags throughout the year for Ultrafit-USA races.

Office: Assist with mailings, filing, etc.

Join us at an Event

Charity Golf Classic – August 5

Golf with the likes of LPGA great Allie White, and OSU Buckeye John Holman!

10th Annual Wing Extravaganza – August 7

Eat as many wings as you can in 30 minutes to be our reigning champion for 2019!

Clays for a Cause – September 20

Take a shot for Easterseals at Cardinal Shooting Center in Marengo

Turkey Trot 2019 – November 28

Join us on Thanksgiving morning for the ORIGINAL Turkey Trot! Enjoy a 5 mile run or 2.5 mile "Walk-n-Talk"

Register for all events at:

www.easterseals.com/centralohio/get-involved/events/



Jump right in and volunteer with us!

Easterseals changes the way the world defines and views disability by making profound, positive differences in people's lives every day.

Contact us!

P: 800.860.5523

F: 614.228.5523

E: info@easterseals-seohio.org

Connect with us!



Easterseals Central and Southeast Ohio



@eastersealscentralseohio



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