

DIVISION	Children & Family Services (CFS)
POSITION	Therapist I
JOB LOCATION	Tucson
STATUS	Full-Time

# JOB SUMMARY:

As an unlicensed therapist the Therapist I provides behavioral health assessment, diagnosis, and therapy to children (aged birth to eight years) and their families or caregivers under the direct supervision of a licensed clinical supervisor.

## ESSENTIAL DUTIES & RESPONSIBILITIES:

- Utilizing evidence-based practice, determine appropriate therapeutic modality for each client (e.g., Parent-Child Relationship Therapy, Play-Based Therapy, Cognitive Behavioral Therapy, etc.)
- Provide appropriate therapy to clients
- Regularly evaluate the progress of therapy and incorporate changes as indicated
- Fully document all therapeutic interventions
- Administer, score, and interpret appropriate standardized assessment instruments for children
- Utilize additional non-standardized assessment techniques (e.g. interview and observation)
- Produce assessment reports that address bio-psycho-social issues and include an analysis and synthesis of all information gathered during the assessment process as well as recommendations for treatment.
- Utilize DC 0-3R to provide diagnoses or diagnostic impressions for children aged birth to three
- Utilize DSM-IV TR to provide diagnoses or diagnostic impressions for young children
- Produce Progress Reports as required
- Participate as a member of interdisciplinary teams with members of clients' families and other professionals to facilitate meeting the identified goals for clients
- Attend and participate in required staff meetings and trainings
- Provide testimony in court, as required
- Any other duties as assigned by the supervisor
- Any other duties as assigned

#### KNOWLEDGE, SKILLS AND ABILITIES:

- Excellent oral and written communication in English
- Knowledge of Child-Parent Psychotherapy
- Knowledge of Family Systems Theory, Developmental Theory, Ecological Systems Theory, Attachment Theory, Cognitive Behavioral Therapy, Psychodynamic Theory, Social Learning Theory and the impact of trauma when working with children and families
- Knowledge of Adult and Early Childhood Mental Health principles, methods, procedures, and standards
- Knowledge of infant, toddler, and child development
- Knowledge of principles of family-centered services, including utilization of natural supports
- Knowledge of community and state resources

- Sensitivity to cultural diversity and differences, especially those specific to the southwestern United States, particularly in terms of implications for appropriate service delivery
- Ability to utilize appropriate crisis intervention techniques
- Understanding of the impact of substance abuse, domestic violence, and mental illness on families, parenting, and relationships; and the ability to utilize that understanding to influence therapeutic approach
- Ability to communicate effectively with a variety of people from various socio-economic and educational backgrounds
- Ability to assess and provide treatment in a variety of settings, including but not limited to office or home settings
- Ability to complete job responsibilities autonomously without daily oversight
- Ability to work flexible hours including occasional evenings and weekends
- Ability to travel overnight for occasional work-related functions

#### EXPERIENCE/EDUCATION/LICENSE REQUIREMENTS:

- Master's Degree in Social Work, Counseling, Marriage and Family Therapy or related field
- Experience working with young children and their families preferred
- Provide and Maintain Valid Arizona Drivers License, Registration & Insurance
- Valid Arizona Fingerprint Clearance Card at all times
- Current CPR and First Aide Certification

## **OTHER GENERAL REQUIREMENTS:**

- Qualified employees who are interested in applying must first notify their current Supervisor of their intent to apply for another job opening within ESBF for informational purposes
- Qualified employees must have held their current position with ESBF for a least twelve (12) consecutive months and, have a satisfactory performance record and have no disciplinary actions during the last twelve (12) consecutive months
- Must submit a valid Fingerprint Clearance Card on hire OR pass a Criminal History Background Check prior to beginning employment and submit an active Fingerprint Clearance Card after hire.
- Maintain a current valid driver's license, proof of insurance, and a driving record that meets ESBF requirements

# TO APPLY:

Email resume and cover letter directly to <u>hr@blake.easterseals.com</u>. In the Email Subject Header include the Position and/or location you are applying for.

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