# roommate housing

easterseals Arkansas

#### **ROOMMATE HOUSING PROGRAM**

Easterseals Arkansas Roommate Housing and Matching program provides independent living solutions for individuals receiving CES and CSSP Waiver by:

- Matching roommates together,
- Facilitating finding affordable housing,
- Using a sharing staffing model, and
- Implementing technology to increase support.

### WHO IS RH FOR?

Roommate Housing is for individuals:

- Receiving Community and Employment Supports
  Waiver through Easterseals Arkansas;
- Desiring to live with friends or peers instead of living at home;
- Living with aging parents who do not have a longterm plan for their son or daughter;
- Living with family members who are no longer able to care for their loved one; and
- Transitioning from HDC's, ICF's or foster care.

### **HOW WILL RH WORK?**

 Roommate Matching Questionnaire – A survey to find similarities and preferences in roommates and personal choice.

### **CUSTOMIZED HOUSING**

- Each home will be operated uniquely based on the needs of the individuals living in the home.
- Customized Housing Accessible housing in individuals' preferred community is found by working with local landlords.
- Staffing & Support Services Individualized staffing and technology plan is developed to support individuals living independently.
- Technology Enabling and remote monitoring technology is used to support individuals living as independently as possible.

- Individuals will have their own lease and will be responsible for paying their portion of rent, utilities and other household expenses.
- Depending on funding sources and landlord agreement, housing may be adapted or modified to meet individuals' accessibility needs.

### **STAFFING & SUPPORT**

- Individuals will have support from staff to assist with independent living skills.
- Staffing schedules and ratios are unique to each home and are created based on the support needs of the roommates.
- Staffing will be customized to meet individuals' medical, physical, and other needs.

### TECHNOLOGY

We use technology to support individuals to live as independently as possible and minimize potential risks.

Examples of supportive technology include:

- Ring doorbell
- Voice-activated home automation
- Security systems with local monitoring
- Apps to prompt daily living activities



### **BENEFITS OF ROOMMATE HOUSING**

### COMMUNITY ENGAGEMENT & WELLNESS

- We provide access and programming for individuals to participate in recreation, leisure, volunteer, and other community activities of their choice.
- We employ a Community Health Nurse to support individuals needs.

### **INDEPENDENCE & EMPLOYMENT**

- We advocate for the resources for each individual to live as independently as possible in their community of choice.
- We support individuals in securing employment in their community.

Roommate Matching Questionnaire



### **GET CONNECTED**

### **GET INVOLVED**

- Attend an interest meeting to learn more about this unique housing program
- Attend roommate housing social events (bowling, movies, etc.)
- Join our Facebook page: "Easterseals AR -Home-Based Waiver Program"
- Attend a Roommate Housing Interest Meeting

Do you own residential property? We are looking for landlords to partner with us in the mission of providing affordable housing to help people with disabilities live more independently.

Are you looking for a unique way to give back? Consider adopting a house. Join or create a team to sponsor a home to deliver goodies, host activities and hangouts, provide holiday fun, gardening activities and more!

Call 501-367-1230 www.roommatehousing.org info@roommatehousing.org

## www.roommatehousing.org