



## ARE YOU LOOKING TO

- ▶ Build your confidence?
- ▶ Grow as a leader?
- ▶ Improve your communication & public speaking skills?



**Visit a Toastmasters club – it will change your life.**

Are you transitioning to a new phase in your career? Do you want to become a better communicator and leader?

Toastmasters International is a non-profit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs.

Toastmasters will allow you to engage with people who share similar interests to you in a supportive and comfortable setting.

**Join us for this Professional Development Event  
Saturday March 14, 2020 11:30 a.m.**



The Steven A. Cohen  
Military Family Clinic  
at Easterseals

**Conference Room 2<sup>nd</sup> Floor**

**1420 Spring St. #300, Silver Spring MD 20910**

*Childcare Available (please provide number of children)*

Please RSVP via this link

<https://www.signupgenius.com/go/8050849A8AB2FA2FC1-toastmasters1>