



PARENTING SKILLS GROUP

EVENT INFORMATION

Date:
Second Saturday of Every Month

Time:
9:00 AM - 10:30 AM

Registration:
Call 240-847-7500
*Space is limited!

LOCATION



The Steven A. Cohen
Military Family Clinic
at Easterseals

1420 Spring Street
Silver Spring, MD 20910

Parking: Turn on Second Ave, the parking garage
is directly under the Easter Seals building.

Collaborative & Proactive Solutions (CPS) is a non-punitive and non-adversarial evidence-based treatment that helps children and caregivers solve problems together. The model is based on the premise that challenging behavior occurs *when the expectations placed on a child exceed the child's capacity to respond adaptively*, and that some kids are lacking the *skills* to handle certain demands and expectations. In this group, you will learn how to apply this approach in your family and improve your child's behavior.

- ▶ **Open to Veterans and Military Families**
- ▶ **No Cost**
- ▶ **Child Care Provided**
- ▶ **Free Onsite Parking**
- ▶ **Metro Accessible**