

"What I got from these workshops is inspiration, hope and a feeling of not being alone in my circumstances."

Army Veteran Anne Barlieb

VIRTUAL CREATIVE WRITING WORKSHOP

EVENT INFORMATION

Recurring Dates:

4th Tuesday of Every Month

Time:

12:00pm - 1:00pm EST

Registration Required:

<https://bit.ly/CBAWCreative>

**Participants will receive an email with Zoom instructions after registering.*

Questions?

Please contact Seema Reza at seema@cbaw.org

Join author **Seema Reza** for a **Virtual Creative Writing Workshop for Veterans and Military Families!** This free workshop is presented by Community Building Art Works and the Steven A. Cohen Military Family Clinic at Easterseals. We'll read a short piece of writing, see what makes it work, and use it to enter into our own stories. Bring a notebook and a good pen. No writing experience required—if you can talk, you can write.

Benefits Include:

- ▶ **Communication Skills**
- ▶ **Connect with Others**
- ▶ **Improved Mood**



The Steven A. Cohen
Military Family Clinic
at Easterseals



Community Building Art Works.

