

## CAREGIVER SUPPORT

It is critical for caregivers to know our Medical Adult Day centers are available to offer you respite from the ongoing and sometimes overwhelming duties of caregiving. Allow us to care for your loved one while you go to work, run errands, attend appointments, or simply take a break with the peace of mind knowing they are safe and happy.

Easter Seals Medical Day Care Centers are a cost-effective solution to care. Our programs may be covered by Medicaid, The Department of Veterans Affairs, private pay, county subsidies or long-term care insurance.



# EASTER SEALS

IS COMMITTED TO PROVIDING THE  
HIGHEST QUALITY SERVICES TO  
ADULTS, CAREGIVERS & FAMILIES.

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## EASTER SEALS SERVING DC | MD | VA MEDICAL ADULT DAY CENTERS

### Easter Seals Adult Day Services - Baltimore

7138 Windsor Boulevard  
Baltimore, MD 21244  
410-277-0940

### Easter Seals Adult Day Services - Hagerstown

101 East Baltimore Street  
Hagerstown, MD 21740  
301-745-3828

### Easter Seals Adult Day Services - Silver Spring

1420 Spring Street  
Silver Spring, MD 20910  
301-920-9765

*All of our facilities are wheelchair friendly.  
Call today to schedule a tour!*

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## CONNECT WITH US

 @ESEALSDCMDVA

 EASTER SEALS SERVING DC | MD | VA

 ESEAL.ORG



# EASTER SEALS MEDICAL ADULT DAY SERVICES

[eseal.org](http://eseal.org)



## EASTER SEALS MEDICAL ADULT DAY CENTERS OFFER

### + Clinical Services

- On-site Registered Nurse
- Individualized Care Planning with Daily Nursing Assessments
- On-site Physical and Occupational Therapy
- Licensed Social Worker Services
- Blood Pressure Monitoring
- Medication Administration and Injections
- Toileting, Personal Care and Hygiene
- Diabetes Management/Blood Glucose Monitoring
- Wound Care

### + Engaging Activities

- Daily Exercise Program
- Current Events Discussion
- Reminiscence Groups
- Gardening, Games and Crafts
- Field Trips
- Guest Speakers
- Art Therapy
- Parties and Special Celebrations

### + Transportation

- Wheelchair Accessible Transportation to and from Centers

### + Meals

- Oversight by a Registered Dietitian
- Nutritious Meals and Snacks

## PHILOSOPHY

At Easter Seals, we are deeply committed to the Individuals and families we serve.

Our philosophy is to first understand the specific needs of our clients and their families. We then focus on effectively managing those needs through a customized approach to care planning that honors and respects the voice of the client, and promotes dignity, inclusion, community and wellness.

## PURPOSE

Easter Seals Medical Adult Day Services provide daily monitoring in a safe, home-like environment for a medically diverse population, including those who are physically frail with chronic conditions, have cognitive impairments or dementia-related diagnoses. We provide assistance with the activities of daily living, offering an alternative to in-home care, assisted living or nursing home placement.

## PROGRAMMING

Each Medical Adult Day Center provides exceptional programming and meaningful experiences for adults and seniors in a caring, upbeat atmosphere. Our highly-trained staff sees their role not simply as a job, but as a personal commitment to each client and family we serve.

Our interdisciplinary team combines quality clinical oversight with unique therapeutic and recreational activities to produce an overall engaging experience that promotes the safety and well-being of each individual in our care.

Easter Seals helps reduce the isolation, inactivity and depression adults with disabilities experience by connecting them with others who are in the same stage of life or facing similar circumstances. At each center, activities are designed to reflect the participant's interests and life experiences.